

## Equine 2024 Program Details

- **Introduction Talk** – We will give a detailed introductory talk on both the company and the upcoming programme.
- **Theory Lessons** – We will conduct various theory and practical lessons within the equine field to show the comparison of our way of working with the horses and stables compared to Sweden.
- **Outride/Trail Ride** – The students will get to go on some awesome outrides in the Wildlife Estate where they can enjoy the fauna & flora in their natural habitat.
- **Dressage Lesson** – The students will have lessons with one of our dressage instructors to work on their riding skills and learn new techniques as well as compare the riding and instructions of the different countries.
- **Stable Work/Help Staff with Horses** – We will go through the daily tasks of running a stable yard and the students will assist the staff in some of the basic stable and horse management activities.
- **Jump lesson** – The students will have lessons with one of our supervisors to work on their jumping skills and learn new techniques as well as compare the riding and instructions of the different countries.
- **Game Drive** – The students will join the African Dream volunteers' game drive once per week, where they will have an opportunity to view a variety of African animals from a game drive vehicle.
- **Feedback** – We will dedicate some time to both provide and receive weekly feedback from the students.
- **Friday Fun Day** – The students will be put to the test with fun, team-building challenges, and equine activities.
- **Eat Out** – The students get an opportunity to visit the local restaurants to enjoy a meal.
- **Excursion** – The students have an opportunity to visit the Kruger National Park or Tshukudu Game Reserve where they will be able to see the African wildlife in its natural environment (own cost).
- **Rest Day** – A Day where students can relax around the pool, catch up on personal work, have a much deserved break or go on a local excursion.
- **Self-Ride** – The students will have opportunity to ride the various horses to build up their confidence and independence.
- **Assessment Sheets** – Time is allocated to go through the student's assessment sheets and provide final feedback.
- **Farewell Dinner** – We will end with a wonderful farewell dinner.

**This will be a fun, practical and interactive learning experience!**

**We are hoping the students will bring an open mind, passionate heart and have loads of enthusiasm!**